

Faculty of Integrated Arts and Social Sciences

# The Road to Your Dream Starts Here



JAPAN WOMEN'S UNIVERSITY

# Faculty of Integrated Arts and Social Sciences

## Creating a Better Social Environment that Benefits Everyone

Consistently a pioneer in higher education, JWU is the first to name a faculty "Integrated Arts and Social Sciences." Encompassing much more than social sciences, it presents a new challenge, and a movement to study people and society in a comprehensive way. And it all started on this campus.

### Department of Studies on Contemporary Society

#### Look into the Mysteries of "Society"

You have heard the word "society" used in various situations. In sociology, "society" is, in principle, viewed as something that happens among people, is created by multiple people, and at the same time ties people together. Our approach to the study of society examines the possibilities for improvement in these schemes and systems. The range is extensive and the targets vary. In this department, all of you can seek out and discover social phenomena for yourselves, while studying diverse fields and techniques such as Media Studies, Theory of the Family, Economics, Studies on Contemporary Society, Cultural Anthropological Study, and Comparative Sociology.



### Department of Social Welfare

#### Learn Practical Abilities and Basic Skills"

As a pioneer of social welfare education in Asia, the department develops personnel who create multicultural societies. You can learn practical abilities in diversified fields related to social welfare and basic skills that you can apply in society at large. It provides a wide-ranging curriculum through which you will study the history of the ideas and practices of social welfare, and how they developed up to the present time, focusing on the future. Learning about the social security system will help you gain an understanding of the concept of equal rights for all human beings. You will also practice interpersonal support and work with communities in small-group practical curriculums including a social practical work experience seminar. You can also gain qualifications for licensing exams for social worker, psychiatric social worker, and other positions by completing the prescribed courses.



### Department of Education

#### Fully Supporting Your Dream of Entering the Teaching Profession!

You will study a wide variety of fields in theory and practice of education such as sociology, psychology, history, philosophy, curriculum research, and educational methods. This department also provides opportunities for studying, lifelong learning, community activities, and multicultural education. In addition, it includes full curriculums for the teaching profession, such as Japanese language, mathematics, social studies, and music. These studies help unlock students' capabilities to open up the future by deepening their understanding of human beings and society through the window we call "education."



### Department of Psychology

#### Gaining a Deeper Understanding of the Mind through Practical Small-group Learning

This department utilizes many small-group lessons to help students learn psychology through a more practical approach. You will learn experimental and survey methods to study psychology and human behavior, and gain skills in psychological assessment and counseling. These skills are essential not only in education, mental health, and social welfare, but are also invaluable in fields such as sales and marketing, advertising, planning, service, and law.



### Department of Humanities and Cultures

#### Experiencing Our Global Society through the Study of Foreign Languages

You will gain a general understanding of European, American, and Asian cultures, focusing on foreign language studies. The department also provides curriculums related to Japanese culture, which is on the basis of our understanding of foreign culture, and Japanology taught in English. It also offers a wide-ranging curriculum in fine art. One workshop focuses on dance, while another course gives students a solid background in doing fieldwork. Short-term intercultural programs on Europe, Asia, and Southeast Asia are presented by Department of Culture professors, and are especially popular with students year after year.



# A Few Words From Graduates

These pages feature the voices of graduates from each department, who made their dreams come true and today play active roles on the front lines of various fields.

## Becoming an Elementary School Teacher

I have been working as an elementary school teacher. This has been my dream since childhood. I got this job, I have spent wonderful days with my students, smiling, playing, and studying together. I think I made my dream come true thanks to the four years at the Department of Education. There, I got to know so many inspiring friends, and we worked hard together towards our dream — becoming teachers. Everything I learned there is useful in my current job. The place where you enjoy studying, and where you will find what you want to do in your future — that is the Department of Education! Please have fun, study a lot, and have great times there.



**Yuka Ikeda**  
Graduated from the  
Department of Education  
in 2013  
Corporation or Institution  
joined:  
Yokohama City Onda  
Elementary School

## Learning the Mindset of “I Want to Tell You”

I am very humbled to be asked for my comments so early in my career. The job of the newscaster is to convey information accurately. And I learned from my seniors that the mindset of “I want to tell you” is the most important. The newscaster’s thorough understanding of the information supports that. In this department, I learned to sharpen my curiosity about things that happen around me and to think about them more deeply. This is really valuable in my present job.

Whatever you want to learn, you can find it in the Department of Studies on Contemporary Society.

## Leveraging My University Experiences

I work in advertising sales, which involves proposing ideas for business promotion using a news website called “Mynavi News.” Through my daily activities, I keenly feel that “sales” is not a one-person job, but is based on the cooperation of many people, such as customers, internal staff, and partner companies.

In the Department of Psychology, you will have many opportunities, such as experimental seminars starting in your freshman year, to form small groups and jointly produce reports and make presentations with your friends. The experience — sharing roles and cooperating with each other toward a shared goal — is a valuable edge when you are involved in the daily operation of a business.



**Miki Shu**  
Graduated from the  
Department of Psychology  
in 2013  
Corporation or Institution  
joined:  
Mynavi Corporation



**Ichika Shingyo**  
Graduated from the  
Department of Studies  
on Contemporary Society  
in 2015  
Corporation or Institution  
joined: Nippon  
Broadcasting System,  
Inc.

## Working from the Viewpoint of Social Welfare

I work at hospital as a medical social worker, and provide assistance from the viewpoint of social welfare for patients and their families who are at critical points in their lives due to illness or disability.

In my work, I encounter various people, from newborn babies to the elderly. Patients and family members consult with me on topics ranging from medical expense subsidies and education to joining the workforce and life after discharge from the hospital. It is a very rewarding job. I really feel the strength of patients and their families who must carry on with their lives in the face of illness and disability, and I learn a lot from them.

As a medical social worker who studied in the Department of Social Welfare, I look forward to meeting you and helping you someday.



**Megumi Takeno**  
Graduated from the  
Department of Social Welfare  
in 2007  
Corporation or Institution  
joined:  
Juntendo University  
Hospital



**Aoi Nagasaka**  
Graduated from the  
Department of Humanities  
and Cultures in 2013  
Corporation or Institution  
joined: All Nippon  
Airways Co., Ltd.

## Expanding My Possibilities

In the Department of Humanities and Cultures, you can gain a broad cultural understanding of the country you are interested in from various viewpoints. I felt I wanted to do a job that would allow me to spend time interacting with people from other countries, and I decided to be a flight attendant. Thanks to the careful, attentive, supportive environment of the university, I sought and successfully applied for a job at the airline I wanted to work for. I am working to enhance my proficiency working in the international airline business. Please expand your possibilities through learning, and enjoy a rewarding campus life.



# Learn About the World

## Developing Personnel who Can Learn Foreign Cultures and Contribute to International Society

The Faculty of Integrated Arts and Social Sciences has university-authorized short-term intercultural programs that allow students to participate during summer and spring holidays and study abroad programs at partner universities or authorized institutions that last up to a year.

German arts and culture program  
★Germany



Feasibility study on mutual understanding of foreign culture  
★Vietnam



French language/culture program  
★France

Study tour focusing on social welfare systems and practices in North America  
★U.S.A.



Korean language and culture program  
★South Korea



Southeast Asian culture program  
★Vietnam



Italian art and culture program  
★Italy

### Field Work

You will learn techniques of field work to gather information in the "field," such as observation, interviews, and questionnaires. It is also important to analyze the information you absorb in the field through academic procedures and summarize it in your own words. You must acquire skills you cannot gain from books or lectures if you are to help realize a modern society based on your experiences.



### Foreign Language Education

This department aims to develop personnel who can learn to understand the world from various facets, acquire the capabilities to deal with foreign cultures, and broadly contribute to society through a wide-ranging curriculum and a productive environment. In the language lounge, you will learn many tricks to make learning a foreign language more enjoyable and swiftly upgrade your language skills.



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Faculty of Integrated Arts and Social Sciences

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Bloom  
as a leader.  
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Japan Women's University